

**SAPIENZA**  
UNIVERSITÀ DI ROMA

SAPIENZA UNIVERSITY – ROME (Italy)  
Piazzale Aldo Moro, 5 – Rome (Italy)  
Carlo Marino Zuco Hall – Orthopedic Clinic

## **FOOD SCIENCE CONFERENCE / XI EDITION**

**SARCOPENIC OBESITY: A NEW CHALLENGE**

**ESPEN EASO INITIATIVE AND FOLLOW UP**

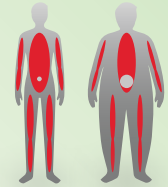
**26<sup>th</sup> November 2022**



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### SARCOPENIC OBESITY: A NEW CHALLENGE ESPEN EASO INITIATIVE AND FOLLOW UP

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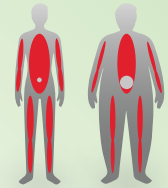


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- 09.00-09.30 Welcome & introduction  
*A. Polimeni, D. Alvaro, A. Angeloni, A. Lenzi*
- 1<sup>st</sup> Session – Sarcopenic Obesity framework** | Chair: *L. Gnessi, A. Laviano*
- 09.30-09.45 Pathophysiology and clinical impact – *R. Barazzoni*
- 09.45-10.00 The ESPEN-EASO sarcopenic obesity diagnostic algorithm – *L.M. Donini*
- 10.00-10.15 Link between sarcopenic obesity and osteopenia: osteo-sarcopenic obesity – *S. Migliaccio*
- 10.15-10.30 Primary vs secondary sarcopenic obesity – *A. Laviano*
- 10.30-11.00 Discussion and Q&A
- 11.00-11.30 break*
- 2<sup>nd</sup> Session – Clinical approach to Sarcopenic Obesity** | Chair: *A. Isidori, M. Muscaritoli*
- 11.30-11.45 How to measure muscle mass in obesity - is there a gold standard? - *A. Bosy Westphal*
- 11.45-12.00 How to measure muscle function in obesity - is there a gold standard? - *P. Noirez*
- 12.00-12.15 Treatment approaches: physical exercise – *J.D. Schoufour*
- 12.15-12.30 Treatment approaches: nutritional care – *T. Cederholm*
- 12.30-13.00 Discussion and Q&A
- 13.00-14.30 break*



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**3<sup>rd</sup> Session – Educational session** | Chair: *A.M. Giusti, C. Lubrano*

- 14.30-15.00 Functional parameters and quality of life evaluation in Sarcopenic Obesity – *P. Capodaglio*
- 15.00-17.00 Interactive work on clinical cases – *A. Pinto*  
Discussants: *F. Frigerio, E. Mocini*

### ESPEN-EASO

*Steering Committee of SOGLI (Sarcopenic Obesity Global Initiative)*

*Lorenzo M Donini, Luca Busetto, Stephan C Bischoff, Tommy Cederholm, Rocco Barazzoni*

### Local Scientific Committee

*Lorenzo M. Donini, Eleonora Poggiogalle, Anna Maria Giusti, Alessandro Pinto*

### Faculty

*Rocco Barazzoni, University of Trieste, Italy*

*Anja Bomy-Westphal, Universität zu Kiel, Germany*

*Paolo Capodaglio, Istituto Auxologico Italiano, Piancavallo, Italy*

*Tommy Cederholm, Uppsala University, Uppsala, Sweden*

*Lorenzo Maria Donini, Sapienza University of Rome, Italy*

*Francesco Frigerio, Sapienza University of Rome, Italy*

*Annamaria Giusti, Sapienza University of Rome, Italy*

*Lucio Gnessi, Sapienza University of Rome, Italy*

*Andrea Isidori, Sapienza University of Rome, Italy*

*Alessandro Laviano, Sapienza University of Rome, Italy*

*Carla Lubrano, Sapienza University of Rome, Italy*

*Silvia Migliaccio, Foro Italico University of Rome, Italy*

*Edoardo Mocini, Sapienza University of Rome, Italy*

*Maurizio Muscaritoli, Sapienza University of Rome, Italy*

*Philippe Noirez, Université de Reims Champagne-Ardenne, France*

*Alessandro Pinto, Sapienza University of Rome, Italy*

*Josje Schoufour, Hogeschool van Amsterdam, The Netherlands*

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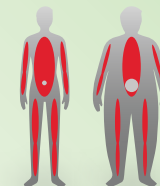
### GENERAL INFORMATION

#### Congress Venue

Sapienza University  
Piazzale Aldo Moro, 5 – Rome  
Carlo Marino Zuco Hall – Orthopedic Clinic

#### Official Language

The official language of the Congress is English



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#### Registration

The registration is free  
Within November 15<sup>th</sup> registration on line is available:  
<https://forms.gle/6vuS5DrHUvWUML5M6>



After November 15<sup>th</sup> only on site registration will be possible  
For further information regarding the registration,  
kindly contact: [p.marozzi@fasiweb.com](mailto:p.marozzi@fasiweb.com)

Under the patronage of



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